



SHANDON TIMES

Neighborhood News

SHANDONNEIGHBORHOOD.ORG

SHANDON NEIGHBORHOOD COUNCIL

Deborah Thomas, President
(2020 - 2nd term)

S. Holly Street / 803 315-2844
dthomas32@sc.rr.com

Russell Jones, Past-president
(non-voting)

Coleman Street / 803 414-5811
shandonite@gmail.com

John Meyers, President-elect (2021)

2519 Wilmot Avenue / 803 528-1045
meyersjohnm@gmail.com

Bill McCormick, Treasurer (2021)

Terrace Way / 803 629-5051

Catherine Mubarak, Secretary (2022)

Shandon Street / 803 920-4172
Catherine.mubarak@gmail.com

James Blake (Buddy) Atkins (2021)

Duncan Street
atkins77@bellsouth.net

Steve Augustine (2020)

Heyward Street / 512 300-8659
stevenaugustine@gmail.com

Joe Berry (2020)

Walker Street / 803 348-7660
joeberry@gmail.com

Lois Elijah (2022 - 2nd term)

Burney Drive / 803 771-7897
elijah0814@gmail.com

Matt Flach (2022)

Wilmot Avenue
mrflach@gmail.com

Harrison Greenlaw (2022)

Wilmot Avenue / 803 237-2212
worthscedu@hotmail.com

Rich Horton (2021)

Wilmot Avenue / 803 315-6666
richhorton@gmail.com

Kelly Scott Hynes, MD, PhD
(2020 - 2nd term)

Monroe Street / 803 446-6439
khynes13@msn.com

Martha Johnson (2021)

Duncan Street / 803 252-2223
mejohanson@sc.rr.com

Tamra Paschal (2022)

Canon Street / 803 779-7223
btccpaschal@aol.com

Rick Todd (2020)

Heyward Street / 803 730-6067
jrichardstodd@gmail.com

Letter from SNC President Deborah Thomas

Hello Neighbors, I hope everyone had a wonderful summer.

Now that school has started, please watch out for the children that are walking and riding their bicycles to and from school. I would also want to remind everyone that the speed limit in Shandon is now 25mph and please stop completely at all stop signs. A reminder too, there is now a 4-way stop on the corner of Blossom and Holly Streets. The city has a crossing guard at the corner of Rosewood and Walker Streets for the first semester of the school year. Talks are ongoing to have a permanent crossing at that intersection for Rosewood Elementary Students.

Shandon's National Night Out was a success again this year. A huge thank you to our faithful sponsors, Ole Timey Meats, Andy's Deli, John Myrick for the huge grill and Jesse Burke for grilling. We could not put on "National Night Out" without all of their support and the support of our Council. Please don't forget **Shandon Homes for the Holidays Home Tour December 8th**. The proceeds are divided between Dreher High, Hand Middle, Rosewood Elem, AC Moore Elem and SNC.

And the big news: For 37 consecutive years we have had our Turkey Trot Road Race. For this the 38th year we have put our heads together with our new exciting management team, Grit Endurance, LLC and have made so many new and exciting changes. We have a new name and route, "**Shandon Turkey Trot & Burn 5K**", it starts and finishes at **Craft & Draft** who is such a great neighbor and also where we will have the awards ceremony. We have a new and exciting date, **November 29th**, the Friday after Thanksgiving.

You as neighbors and we as council want this to be the premier race of our Neighborhood, because, "**We Are Shandon**"

Sincerely,

Deborah Thomas | President, SNC



IT'S A NEW YEAR WITH A BRAND NEW TURKEY TROT...

THE 2019 SHANDON TURKEY TROT & BURN 5K will be held on a new date, at a new time and a new place in Shandon.

Our new and improved signature race will begin at 10:00am on Black Friday November 29 near the Devine Street Craft and Draft. The brand new 5K USA Track & Field certified course will wind through Shandon streets ending again near Craft and Draft. Awards for best times will be presented at Craft and Draft. There will also be prizes given for the top three most creative costumes. Our newly updated race is being managed by GRIT Endurance, LLC. A link to the new race route will be available at our ShandonNeighborhood.org website. Register online for only \$25.00 before Nov. 1, so sign up now!

<https://runsignup.com/Race/SC/Columbia/ShandonTurkeyTrotBurn5K>



Coming Sunday December 8

Shandon and Hollywood-Rose Hill
Christmas Tour of Homes



homes for the holidays

Advance tickets available at Devine Street Piggly Wiggly or online at www.TicketLeap.com

Homes for the holidays tour

Shandon Times

Dr. Ron Burns, Editor
shandonnews@gmail.com



Our winners for best yards in July and August are:

July:

2843 BURNLEY DR.
JEFFREY & MIHAELA SWEENEY

August:

2831 BLOSSOM ST. 3612 COLEMAN ST.
JASON & LINDSAY WILL & NORI
BLAIR SIMMONS WARREN

Sponsored by Mary Lane Sloan of the ART of Real Estate and the Gardeners Corner

NATIONAL NIGHT OUT



We were blessed with wonderful weather — at least by Columbia, SC standards — for an ice cream social National Night Out extravaganza event this past August 6 at Sims Park. As has been customary at this annual gathering neighbors turned out in numbers to greet friends and to make new

ones. Children filled our playground as parents watched and chatted. Unsurprisingly there was a constant line at the ice cream cart from start to finish of this favorite annual event. Our veteran head chef Jesse Burke rustled up some mighty fine hot dogs on the big grill while assistants Martha Johnson, Elijah Lois, and Tamra Paschal among others loaded them into buns to await chili and condiments. The line for those hot dogs was real steady, too!

We were proud to have a crew from Fire Station No. 9 join us; while younger members of the neighborhood were delighted by the opportunity to climb onto and into the big fire truck for a tour. It was also our privilege to have our other first responders, the members of the Columbia City Police Department in attendance sharing in the food and camaraderie of the evening. New for this year was a display by Columbia's bikeshare service Blue Bike (BlueBikeSC).



Of course all this didn't just happen by itself. The annual celebration is organized by the Shandon Neighborhood Council with the help of volunteers and made possible by generous donors such as the **Old Timey Meat Market** on Rosewood, **Baskin Robbins Ice Cream** on Forest Drive, **Andy's Deli** in Five Points and **Love Chevrolet** on Parkridge Drive. Yes, it takes a village and we are fortunate to have such wonderful neighbors.

In case you missed it, please plan to be with us next year on the first Tuesday in August (that's Aug. 4)!



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MYSTERY Plant

The mint family —

or Lamiaceae

— is a very large one, and its members are found nearly throughout the world. Not everything in the mint family is “mint,” of course, just like everything in the “sunflower” family is not a sunflower. Nevertheless, the members of the mint family have several things in common, such as opposite leaves (that is, two at each node, or point on the stem) and square stems. The petals are always fused into a tube, and nearly always expanded at the summit into an upper and a lower “lip.”



CAN YOU NAME THIS?



Depending on the genus, there will be either 2 or 4 stamens. The ovary, at the base of the flower, will swell and dry, eventually separating into 4 little “nutlets.” Members of the family are often aromatic, incorporating some fairly complicated organic compounds in their tissues, often yielding fragrant (or sometimes stinky) oils. (Lavender, oregano, sage, and basil are also members of the mint family.) By the way, the mint family also goes by another and much older name, “Labiatae,” which you might see in print, especially in older works. Botanists recommend now that the more modern name should be used. (ANSWER ON P. 4)



SHANDON HISTORY MYSTERY...



1930 is the date on the cornerstone at the northeast corner of Hand Middle School.

William Harvey Hand

became superintendent of the Columbia City Schools (later to become Richland One) after the exit of Ernest Dreher during the 1917–1918 school year. He held that position for 10 years. Among many accomplishments he instituted the 180 day school year plus 15 weeks of vacation; he insisted that playgrounds were provided for each school and that hot lunches would be served at each school. He was also a leader in establishing specific school programs for the less capable and for disabled students. Under his direction city schools were enlarged and facilities improved to meet the ever-expanding population of children in the city. In 1926 he first proposed a junior high school system for the Columbia City Schools. By 1927 Wardlaw Junior High became the first junior high school to be constructed in South Carolina. While Wardlaw is no longer in use as a school, he had envisioned a second junior high to be built in Shandon. It was opened in 1930 and named in honor of W. H. Hand, who had died unexpectedly in 1928. The school has been enlarged and updated over the years and remains an active award-winning institution of teaching. It honors the far-sighted educational leader who was the first to establish a junior high system in South Carolina. Above is W. H. Hand's portrait.



Dear Shandon:

I am honored to be your voice at the State House. If I can ever be of assistance please call me at (803) 361-2360.

Most sincerely,

Seth Rose



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DOGGIE POOP STATIONS

You may have noticed a new Doggie Poop Station at the corner of Duncan and King Street. These stations are an attempt to keep poopie bags off of streets and out of trashpiles. Used pet waste bags should be thrown in the trash. Not picking up after your dog or throwing used bags on the ground or in storm drains is illegal in the City of Columbia (under Code 1979, § 9-5026; Ord. No. 2001-070, 6-26-02) and can earn a fine.

"What's the harm in leaving my pet's waste on the ground?"

First of all, no one wants to step in dog poop or have kids playing in or around pet waste. Also, pet waste has three times more pathogens... These pathogens can cause diseases in humans and animals. So please help out with this cause!"

What's the harm in leaving my pet's waste on the ground? First of all, no one wants to step in dog poop or have kids playing in or around pet waste. Also, pet waste has three times more pathogens (bacteria, parasites, and viruses) in it than human waste. So when it rains anything on the ground that is washed into our local waterways can affect our water quality. These pathogens can cause diseases in humans and animals. So please help out with this cause!

If you or anyone you know would like to help maintain a station, or if you would like one placed near you, please contact stormwater@columbiasc.net, or send an email to khynes13@msn.com.

<http://trashthepoop.com/files/Brochure-v3l.pdf> for more information.

SHANDON SHAPE-UP

Keep Active while Travelling this Holiday Season

The holidays are among the busiest and most challenging times to be healthy. Our schedules are altered due to dinners, parties, children's programs and travel.

While away from home, you and your family can still practice your healthy lifestyle. Millions of Americans will travel during year-end holidays. With so many of us on the road or in the air, let's take a look at what we can do to let ourselves exercise while traveling. You might even try something new and like it!

While booking your accommodations, check to see if there is a hotel gym or pool. Ask what equipment is available and the hours of operation. There also could be yoga or aerobic classes offered during your stay. Some hotels and resorts offer personal trainers on site. If you are staying where there is not a gym, ask the front desk for a local fitness facility. Many gyms will offer one day passes. You may also inquire about local parks and safe walking routes.

Depending on where you travel some tourist spots may double as a workout. You may want to try hiking, bicycling and skiing. A pedometer is a great addition to show how far you have walked during your journey through the great outdoors or while shopping. Think outside your normal scope

and you may be surprised at the new activities that you enjoy.

When you are visiting family and friends at their home, open your mind to try their exercise routines. Or bring your own equipment with you. I have several pieces of workout gear that I have found easy to pack. First, make sure you have proper clothing and always pack comfortable shoes. Resistance bands are lightweight and fit easily into your suitcase. They provide you a great strength training or rehabilitation program. Jump ropes bring out the child in all of us. This is a fun tool that will let you and your children fit in a cardio workout. Light dumbbells add to a more intense walk or jog. A local park will provide you with an inexpensive option for a gym. Cross the monkey bars, take your basketball to the court, pushup on the picnic tables. Get creative and have a blast!

No matter what your travel schedule or where you end up over the holidays—there is no excuse not to move! Make time for you and your fitness. There are ways to make exercise fit into your busy schedule. Exercise will help you remain healthy during these busy weeks. Enjoy your loved ones and help them adopt a healthy lifestyle this season.

Brooks Wheeler
(brookswheeler@att.net)

More Lifelong Learning Courses for Seniors

The **Lourie Center**, just a short drive away from our Shandon neighborhood, will offer its second year of continuing education classes for seniors, beginning in October.

The Midlands Lifelong Learning program offers academically stimulating courses especially for adults 50 years of age and older. Academics and professionals from the community teach a range of topics from within the arts and sciences.

The Fall 2019 classes include: "Mastering the Art of Aging Well," "Legacy Writing," "Coping with Climate Chaos — A Conversation," "Middle East: Bridging the Strait of Gibraltar: North Africa, Andalusia, and Beyond," and "History of American Choir: Jubilee, Spirituals, and Gospel," which will include a special presentation by the City Baptist Jubilee Choir Union.

For more information, or to register, go to <http://louriecentersc.com/midlandslifelonglearning>, or call 803-779-1971.





Midlands Lifelong Learning-October 2019

- Writing Your Legacy Story
- Mastering The Art Of Aging Well
- Coping with Climate Chaos- A Conversation
- Middle East: Bridging the Strait of Gibraltar and Beyond
- History of American Choir: Jubilee, Spirituals, and Gospel

Register for classes at louriecentersc.com



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Thank you, Shandon, for trusting me to represent you on County Council.

- Allison Terracio

**Contact me any time: (803) 622-6029
terracio.allison@richlandcountysc.gov**



Shandon Neighborhood Council

Dr. Ron Burns, Editor

2524 Heyward Street

Columbia, SC 29205

Going Green

Get the E-Newsletter!

Would you like to receive this newsletter in email format and save paper? Not only will you get a full-color PDF with all of your articles but as an email subscriber you will also receive updates regarding events of interest to the neighborhood and the latest from your Shandon Neighborhood Council.



All you need to do is send your email address to ShandonNews@gmail.com. Oh, and please let us know your mailing address, too, so we can reduce paper usage. Thanks!

Upcoming Events & Meetings: Neighborhood meetings are held on the second Monday of every other month at Heyward Street UMC Church and begin at 6:15pm. Next Shandon Neighborhood meeting will be on November 11. Don't forget the **Turkey Trot & Burn 5K** on November 29 at 10:00am and the **Homes for the Holidays Home Tour** on December 8 from 1:00pm to 5:00pm.



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MYSTERY *Plant* ANSWER: (CONT. FROM P. 2)

Lightning-rod plant, *Leonotis nepetifolia*, this week's Mystery Plant, is native to tropical Africa. It is now widespread through most of the tropics and into temperate zones, where it is basically a weed. The African slave trade probably spread this plant into the Caribbean, and thence into North America. In some places, such as Hawaii, this more recent import is becoming a really serious pest, and is not an appreciated addition to the local vegetation; this is an oft-repeated story with introduced plants. Recently, biochemists have discovered various compounds within this species which have medicinal and/or insecticidal properties, so it could prove to be of economic usefulness. The foliage is bright green, each leaf on a long stalk. Leaf blades tend to be somewhat triangular, with lots of rounded teeth on the margins. Although they are annuals, plants can attain a height of 7–8 feet, if given plenty of sunlight. What a spectacular plant in full bloom! The flowers are congested into tightly-packed prickly, globose affairs, each with 100 or so flowers. A really tall plant may have 6–7 of these clusters, usually not quite that many. Hummingbirds go berserk for the brightly colored, orange flowers. Here in the South, it may be found on coastal plain settings from North Carolina to Texas. It is usually a weed of agricultural situations, often around barns and cattle fields.

The first time I ever saw it was when I was still a tender graduate student at Clemson, under the careful direction of John E. Fairy III. He had invited his students down one autumn Saturday to see his farm in Rowesville, SC. Dr. Fairy gave me a handful of seeds, and my backyard has had these things growing in it all these years later. Sadly, Dr. Fairy passed away a few years ago, but I have a regular reminder of those good old days.

John Nelson is the retired curator of the A. C. Moore Herbarium at the University of South Carolina, in the Department of Biological Sciences, Columbia SC 29208. As a public service, the Herbarium offers free plant identifications. For more information, visit www.herbarium.org or call 803-777-8196, or email nelson@sc.edu.

If you would like to purchase an ad in the *Shandon Times*, please contact Dr. Ron Burns, Editor, at shandonnews@gmail.com.